

Cork City Refugee Resources

Healthcare

Hospitals:

Cork University Hospital (CUH) and Cork University Maternity Hospital (CUMH)*
Wilton, Cork, Cork
www.cuh.hse.ie
021 492 2000

*Neither based in City Centre.

Open 24 hours a day

Mercy University Hospital (MUH)
Grenville Place, City Centre, Cork
www.muh.ie
021 427 1971

Open 24 hours a day

South Infirmary Victoria University Hospital
Old Blackrock Road, Ballintemple, Cork
www.sivuh.ie
021 492 6100

Open 24 hours a day

St. Finbarrs Hospital
Douglas Road, Ballinlough, Cork
www.hse.ie
021 496 6555

Departments:

- Maternity
- Neonatal
- Gynaecology

Departments:

- **ACCIDENT AND EMERGENCY**
- Inpatients/Outpatients

Departments:

- Day Case Surgery/Elective Surgery
- Inpatients/Outpatients
- 24 Hour Ears, Nose, Throat Emergency Medicine
- 24 Hour Sexual Assault Treatment Unit

Departments:

- Primary care services
- Paediatric dentistry

Injury Units:

Visit for broken bones, dislocations, sprains, strains, wounds, scalds and minor burns that are **new**. **Injury units will NOT treat children under 5 years of age, pregnancy related or gynaecological problems, pain/injuries to the chest/abdomen/pelvis or serious head/spine injuries. For these you should go to CUH or MUH.**

St. Marys Health Campus*
Mercy Hospital, Urgent Care Centre
Baker's Road, Gurrabraher, Cork
www.muh.ie/index.php/for-patients/urgent-care-centre
021 492 6900

*The Mercy Urgent Care Centre is open from 8 am to 6 pm, 7 days a week. After 6 pm please go to the Emergency Department at Mercy University Hospital or Cork University Hospital.

Banks/Credit Unions/Post Offices

Banks:

AIB
26 St Patrick's Street, City Centre, Cork
Located in: Merchants Quay Shopping Centre
www.aib.ie
021 427 1495

Ulster Bank
88 St Patrick's Street, City Centre, Cork
digital.ulsterbank.ie
021 427 0618

EBS
98 St Patrick's Street, City Centre, Cork
www.ebs.ie
021 427 3141

Permanent TSB
40-41 St Patrick's Street, City Centre, Cork
www.permanenttsb.ie
021 427 7555

Bank of Ireland
70 St Patrick's Street, City Centre, Cork
www.bankofireland.com
021 427 7177

KBC Bank
4 Lapp's Quay, City Centre, Cork
www.kbc.ie
021 422 2600

Credit Unions:

First South Credit Union
25, 24 South Mall Street, City Centre, Cork
www.fscu.ie
021 496 5134

Cathedral Credit Union
44-46 Shandon Street, Shandon, Cork
www.cathedrelcu.ie
021 430 9163

Post Offices:

General Post Office
30 Oliver Plunkett Street, City Centre, Cork
www.anpost.ie
021 485 1042

Shops

Food:

Ayisha's Spice House (spices, halal butchers, ethnic shop)
82 Shandon Street, Gurranabraher, Cork
www.aiysha.ie
021 422 0422

Asian Foods Cork
14 North Main Street, City Centre, Cork
087 270 8050

Khan Spices
84 North Main Street, City Centre, Cork
021 425 1060

Asian Spices and Halal Meat
84 North Main Street, City Centre, Cork
021 425 1060

Mr Bells Food Provider
15 English Market, Grand Parade, City Centre, Cork
www.mrbellsfood.com
021 431 8655

Lidl Cornmarket
The Cornmarket Centre, Cornmarket Street, City Centre, Cork
www.lidl.ie
1800 347 447

Aldi
Eglinton Street, City Centre, Cork
www.aldi.ie
1800 991 828

Tesco Superstore
Paul Street Shopping Centre, Lavitt's Quay, City Centre, Cork
www.tesco.com
1890 928 527

Dunnes Store
105-107 Saint Patrick's Street, City Centre, Cork
www.dunnesstores.com
021 427 8154

Phone:

Three Store
Savoy Centre 108/109 Patrick Street Savoy Centre, City Centre, Cork
www.three.ie
021 427 8572

Eir
94 St. Patrick's Street, City Centre, Cork
www.eir.ie
021 490 5394

Carphone Warehouse
79 St Patrick's Street, City Centre, Cork
www.carphonewarehouse.ie
021 427 0663

Vodafone
22 St Patrick's Street, City Centre, Cork
www.vodafone.ie
021 427 9321

Public Transport Links

Bus:

Bus Eireann Bus Station
Parnell Place, City Centre, Cork
www.buseireann.ie
021 455 7178

www.journeyplanner.transportforireland.ie – This is a useful site which helps plan your journey from the start and to your destination. You can select different modes of transport.

Train:

Kent Station
Lower Glanmire Road, Montenotte, Cork
www.irishrail.ie
01 836 6222

Taxi:

There are many different taxi firms which you can quickly find on the internet by using google maps. It is strongly recommend that when you ring to book a taxi you find out the cost of the journey and that you are happy paying the fee before you go ahead with the booking.

Religious Amenities

Cork Dawah Centre (Mosque)
73 Shandon Street, Cork

City Masjid Cork
6 Coburg Street

Cork Mosque and Alresala Islamic School
Ballyphehane, Cork
www.corkmosque.org
021 432 0301

Please ask if you require information about places of worship for a different faith you may have.

Community Supports/Services

Anglesea Street Garda Station
Anglesea Street, Ballintemple, Cork
www.garda.ie
021 452 2000

Citizen's Information Centre (Cork City)
13-15 Cornmarket Street, City Centre, Cork
VGXF+X9 Cork, County Cork
centres.citizensinformation.ie
076 107 6950

Intreo Centre Cork Hanover Street
Hanover Street, City Centre, Cork
www.welfare.ie
021 480 6800

Abbey Court House
Intreo Cork City Centre
George's Quay, Cork
www.welfare.ie
021 494 3100

Nasc (Migrant and Refugee Rights Centre)*
34 Paul Street, City Centre, Cork
www.nascireland.org
021 427 3594

* Nasc provides a free legal information and advice service for refugees, migrants and asylum seekers. Nasc is the Irish word for link and we link refugees and migrants to their rights.

Cork Migrant Centre*
Nano Nagle Place
Douglas Street, City Centre, Cork
www.nanonagleplace.ie
021 419 3580

* Provides free, confidential, accurate and up-to-date information on access to services and immigration issues.

Cork City Partnership*
Heron House, Blackpool Retail Park, Cork
www.corkcitypartnership.ie
021 430 2310

* Support the development of an inclusive and just society in Cork City where each person is encouraged and enabled to reach their full potential through the provision of education, employment and community development initiatives.

Cork City Library
61 Grand Parade, City Centre, Cork
www.corkcitylibraries.ie
021 492 4900

Councils:

Cork City Council,
City Hall, Anglesea Street, City Centre, Cork
www.corkcity.ie
021 496 6222

Cork County Council
County Hall, Carrigrohane Road, Sunday's Well, Cork
www.corkcoco.ie
021 427 6891

Sports and Leisure Facilities

Visit www.purecork.ie for tourist information. Click on select language and pick Arabic.

Parks and Playgrounds:

Fitzgerald Park and Playground
Mardyke, Cork

Tramore Valley Park
Ballinlough, Cork

The Marina Park
Blackrock, Cork

Japanese Gardens and Playground
Ballinlough, Cork

Toddlers Playground
Assumption Road, Blackpool, Cork

Education

Children (ages 0-4/5):

Cork County Childcare Committee www.corkchildcare.ie is a great source of information on childcare.
022 23880

Children (ages 4/5-12 primary school and ages 12-17/18 secondary school):

To find local schools please refer to:
www.schools.ie or www.education.ie

Adults:

Cork Education and Training Board (CETB)
21 Lavitt's Quay, City Centre, Cork
cork.etb.ie
021 427 3377